

Region 8

MENTAL HEALTH
MENTAL RETARDATION COMMISSION



EAP - EMPLOYEE ASSISTANCE PROGRAM



Region 8 provides Employee Assistance Program (EAP) services to companies and agencies state-wide on a contractual basis. The EAP is a comprehensive program of counseling services offered to employees of contracted businesses as well as to the immediate members of their family.

Services include short-term counseling, emergency and crisis services, trauma debriefings, marriage counseling, grief counseling, and addictions counseling and treatment. Additional areas of focus of the Employee Assistance Program address stress in the workplace, burn-out, drug-free workplace services, and training for employees and supervisors.

Region 8 also provides depression screenings, educational speakers, provides in-service training to employees on an array of topics, and explains EAP services during employee orientations. Current Region 8 contracts include the Mississippi Department of Transportation, the Mississippi State Hospital, and the Quinco Behavioral Health System.

Employee Assistance Program

Crisis Services: 24 hours a day, 7 days a week

Region 8 is funded in part by the MS Department of Mental Health.